

In this packet you will find the following documents:

1. Competition flyer
2. Obstacle course competition invitation letter
3. Acknowledgement and release form to compete in the competition. Please make copies for each competitor and return it either on the day of the competition or prior to the competition. If it is not completed, you will not be able to compete.
4. Registration form. Please complete the form indicating which event you or your team members will compete in. If you have more than one team, please list each member accordingly and indicate each team by name or indicate as "A" team or "B" team. There is a heading for each event indicated by orange or blue and the event (Team competition-5 members per team, Individual-Open, Over 40 Open, Baddest Gal Alive).
5. Directions from Tallahassee Florida
6. Directions from Orlando Florida
7. Obstacle Course Rules